



adult programs

Sip & Create - Creating with Kindness

Come sip on a glass of wine, create your very own jewelry AND raise money to donate back into the community. Instructor and owner of Creating With Kindness, Amy DuMontelle will provide all supplies needed. Each participant will be guided through using mixed media to create two pendants (one contemporary wire necklace is provided) in a fun and relaxed environment. \$5.00 of each person's fee will be donated to a charity chosen by the participants. Space is limited. Save your seat and enroll today!
#creatingwithkindness



Location: Recreation Station

Min/Max: 5/15

Age: 21 years & older

Registration Deadline: Wednesday, August 2

ID #	DATE	DAY	TIME	Program Fee
141249-A	8/4	F	7:00 - 9:00p	\$44/\$40

CPR, AED, & First Aid Certification Course (On-line and Hands on)

This potential lifesaving program will teach you how to administer adult, child, and infant CPR along with First aid and use of an Automated External Defibrillator (AED). This course is for anyone who is required or interested in being certified in CPR and First Aid. Participants will learn how to handle emergency situations, take basic precautions to prevent disease transmission, and help someone in breathing and cardiac emergencies. This class also teaches how to care for life-threatening bleeding, sudden illness, shock and injury. Perfect for babysitters and older siblings. **The first part of this program will be done online in your own home (additional fee) and the second part will be hands on learning at the Recreation Station. Go to www.onlineaha.org and click on Heart Code BLS course details.**

Location: Your own home/Recreation Station

Ages: 16 years & older

ID #	DATE/DAY/TIME	Program Fee/ Resident Fee
141922-A	Appointments only, call 815-933-9905 Ext. 2	\$36/\$30

Community Garden Plots

Do you long for garden fresh vegetables but have no space to plant a garden? How about renting a garden plot? Gardening enthusiasts will want to take advantage of garden plots available at the Perry Farm Park this summer. Garden plots are 20' X 20' and may begin being used after the ground has been tilled, around May 1st, depending on weather and ground conditions. Registrations are taken ONLY at the Perry Farm House. There, you will receive your plot assignment and rules and pay the fees. There is a \$50 deposit fee per plot in addition to the program fee. This deposit may be used at the end of the season to reserve the same plot for the following year.

Location: Perry Farm Park

Min/Max: N/A

Age: 18 years & older



ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
103601A	5/1 - 10/24		Dawn to Dusk	\$60/\$50

Creating with Kindness Canvas Painting

This is a special Mother's Day installment for adults who want to tap into their creative side: Join us for a casual and fun painting experience! No experience or art background is necessary. You will be guided step by step to create your very own canvas painting. All supplies will be provided. \$5.00 of each participant's fee will be donated to the purchase of children's art supplies that will be donated back into our community.

Location: Willowhaven Park & Nature Center

Min/Max: 4/12

Ages: 16 years & older



ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
141246-A	5/13	Sa	1:00p - 4:00p	\$39/\$33

Oil Painting Made Simple

Get in touch with your artistic side with a brush and a canvas. This oil painting makes painting simple and fun. Learn about the materials used to oil paint as well as techniques and tips. Each person will leave with one completed painting.

Location: Perry Farm Park/House

Min/Max:

Age: 18 years & older

ID #	DATE	DAY	TIME	Program Fee/ Resident Fee
141248-A	8/17	Th	6:00 - 8:00p	\$60/\$52