

## Cross Country Ski Equipment Rental

### IMPORTANT INFORMATION

The Bourbonnais Township Park District is committed to conducting its recreation programs, activities, and rentals in a safe manner and holds the safety of participants in high regard. The Bourbonnais Township Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this rental must recognize that there is an inherent risk of injury when choosing to participate in cross country skiing.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for cross country skiing participation. It is always advisable, especially if the participant is pregnant, disabled in any way or recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity. You are also solely responsible for selecting and wearing personal protective equipment.

Please recognize that roadways are maintained and intended for motor vehicle use and not pedestrian use. Therefore, surface irregularities and other hazards that do not pose safety risks to motor vehicles, may pose risks to joggers, walkers, and cross country skiers. Prior to the rental, all participants should familiarize themselves with the route they have chosen, paying close attention to surface irregularities and other potential dangers. *Most important, remember that this is a voluntary recreational activity. Never compromise your safety in the name of competition.*

### WARNING OF RISK

Cross Country Skiing is intended to challenge and engage the physical, mental and emotional resources of each participant. However, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury, including death. Understandably, not all hazards and dangers can be foreseen. The very nature of cross country skiing is hazardous and risky, including but not limited to overexertion, dehydration, slips and falls, collisions with other participants, the effects of weather, dangerous conditions of the trail, being struck by a vehicle or bicycle, lack of good physical conditioning, poor training technique, and all other circumstances inherent in cross country skiing. In this regard, it must be recognized that it is impossible for the Bourbonnais Township Park District to guarantee absolute safety.

### WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this rental, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this rental.

I recognize and acknowledge that there are certain risks of physical injury to participants in this rental, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with this rental. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this rental against the Bourbonnais Township Park District including its respective officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

I do hereby fully release and forever discharge the Parties from any and all claims for injuries, damages or loss that my minor child/ward or I may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with this rental. I further agree that this agreement shall be governed by the State of Illinois.

**I have read and fully understand the important information of this rental agreement regarding warning of risk, assumption of risk, and waiver and release of all claims.**

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SIGNATURE (18 years or older or Parent/Guardian)

DATE

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