

1. It is the coach's obligation to ensure that all players receive equal playing time in all games.
 - a. If a player misses three or more practices then he/she may receive less playing time.
2. A youth size basketball will be used and basket heights will be set at six feet and six inches tall.
3. Games will consist of four quarters. Each quarter will be eight minutes in length.
4. The clock will run continuously throughout each game.
 - a. The clock will only stop for injuries and timeouts.
5. Each team is allowed one timeout per game.
6. Games will not be officiated and a score will not be kept. The coaches of both teams will act as officials and maintain a safe playing environment.
7. Because this league is for beginners, violations including traveling and double dribbling will not be addressed as frequently until later into the season. Since there are no officials, calling these violations will be at the discretion of the coaches whose teams are competing.
8. Wins and losses will not be recorded.
9. Ideally, each team will have two coaches so that one coach will be on the baseline and the other coach will be out on the floor.
10. Defensive Rules:
 - a. Teams may play zone or man-to-man defense.
 - b. Defenders must stay inside the three point arc of the basket they are defending.
 - c. Defenders can only steal the ball when it is inside the three point arc they are defending.
11. Fast breaks are not allowed at any time. The defense must be set before the offense comes past the three point line.
12. A coin flip performed by the coaches will determine which team will start with the ball to begin the game. Teams will then alternate possession for all other jump ball situations and to determine who begins the second half with the ball.
13. With the exception of the rules listed above, IESA governing rules will be applied.